

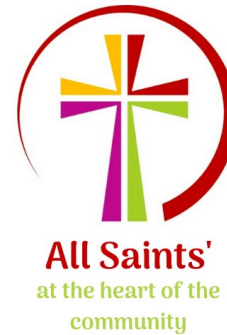
A Marathon in a Week

Hopefully you will be pleased to know I have completed my challenge of running a Marathon in a Week. A big thank you to all who have sponsored me. Everyone has been very generous and I am delighted to tell you that so far together we have raised almost £2000.

I am sending this to everyone I originally contacted to because I received several anonymous on line donations and want to make sure they are thanked. Also, you may not have sponsored me yet and it may be something that you intended to do but didn't get round to. Don't worry there is still time!

When I set the date of 26th April I didn't realise it was the date of the London marathon. My aim was to complete the challenge in a week. In the end I did it in 5 days; 4 days running and 1 day off (my birthday). To run 26.2 miles in 4 parts meant 6.55 miles per day. I carefully planned the route on Memory Map, software that I use for devising walks. I then used a GPS whilst running to confirm the mileage. Unfortunately, on the 1st day I recorded a shortfall which meant I had to add another loop for the subsequent 3 days. I ended up with a very convoluted route through the streets of Barwick in Elmet in my attempts to keep duplication to a minimum. In total I ran over 27 miles, starting on 23rd and finishing on 27th April. The weather was good throughout which was a bonus because I hate running in the rain. The benefit to John was a cup of tea in bed when I got home.

Once again THANK YOU. Moya



All Saints' notice sheet for 3rd May 2020

Collect for the Fourth Sunday of Easter

Risen Christ,
faithful shepherd of your Father's sheep:
teach us to hear your voice
and to follow your command,
that all your people may be gathered into one flock,
to the glory of God the Father. Amen

Readings for the Fourth Sunday of Easter

Acts 2:42-47 and John 10:1 - 10

Trolley dash or shopping bliss!

To be called a sheep isn't a compliment! In our society and time we value leading not following. The pastoral imagery used by Jesus is a little lost in our culture (unless you are a sheep farmer). Maybe the basic image can still hold true for us?

I went shopping for the first time since the lock down and like many had a certain amount of anxiety being out and about after such a long time inside. Maybe a modern parallel to the sheep pen could be the supermarket? Jesus would be the doorman in his hi-vis inviting us in. We know him and he knows us, so it is a big wave and hello! Isn't it wonderful to hear a familiar friendly voice and see a friendly face at the moment. We trust all will be well because we know Jesus. His shop is safe, not crowded, continued overleaf

full of love and it may even have bread flour! and toilet roll!

Now, I am not saying that our eternal destiny is to be housed in some kind of divine supermarket - what a terrible thought! Just an illustration that we can find some peace through trust and relationship with Jesus who knows and loves us. We can still grab our trolley and load it up with all the goodness he wants us to receive. In fact, we can still do most of what the early Christians did as described in the book of Acts. Our physical separation does not stop us praying, learning, having fellowship or even 'breaking bread at home'. It is just taking a different shape. Maybe you could let me know of ways you are shaping your day to include prayer, generosity and thankfulness?

There have been moments when all of us I suspect have felt overwhelmed with the current situation and our own personal challenges. The stories I am hearing of bereavement and financial pressures are heartbreaking. Yet I have been heartened and encouraged by the generosity that has been shown in our village and the nation as a whole, whether it is helping with shopping or bravely working to keep the country going. We can still be grateful and look after one another. The message of the Good Shepherd is that of overcoming the thief and bandit. How will we remember this time? I hope it is remembered as a time of generosity and goodwill for all people. That reflection is some way off. But we can write that story now for the future in whatever way is possible. Blessings to you and all you love for the week ahead, *Bob*

Post Communion Prayer

Merciful Father,
you gave your Son Jesus Christ to be
the good shepherd,
and in his love for us to lay down his
life and rise again:
keep us always under his protection,
and give us grace to follow in his steps;
through Jesus Christ our Lord.
Amen

Blessing

May God give to you and to all those
you love,
and those you find hard to love,
his comfort and his peace,
his light and his joy,
in this world and the next;
and the blessing of God almighty,
the Father, the Son, and the Holy
Spirit,
be among you and remain with you
always. Amen.

Saturday 9th May

10.30am – 11.10am

at home

Dad's Club



cook your own Zoom breakfast

children aged 0-11

quality time with dad/grandad

online play crafts story time songs



Get the frying pan out and join us via Zoom to eat and chat together.

Bring dad jokes, your funniest lock down story and "worst hair cut pictures" to share. **Prize for the best and worst breakfast!** Games, crafts, a story and songs will be available on YouTube by searching "Elmete Trinity Benefice". Email or text/WhatsApp Bob for the meeting invite
07885 386932 / rev.bob.bailey@gmail.com See you soon! Bob & Alan



Elmete Trinity Benefice

WYDAN

There has been a tremendous donation of food, toiletries and clothes - a huge thank you for those donations.

Monetary donations would be appreciated so we can give money for phone credits as the guests are using their phones a lot.

They are not able to travel due to lockdown and so we do not have to provide bus passes, so help with their phone credit will be much appreciated

Thank you, Beckie Briggs



Messy Church at Home - LIVE! Tuesday May 5th, 1pm

We will be live with the Messy Church team hosted by the Reverends Bob and Becki from their respective homes.

Get ready to make fun crafts using things you can find at home. You will also have the chance to sing along, play games and act out a story.

Find us online to see the trailer or follow the service.

Facebook <https://www.facebook.com/groups/386086005131730/> (search; All Saints All Stars and Messy Church) or catch up at the Benefice YouTube Channel <https://www.youtube.com/channel/UC2ID3IKIfaJisVxxttTBJJg> (search; Elmete Trinity Benefice).

A poem on God's love from a collection by Nick Fawcett that Alan Stanley shared with us during our 'dial-in' service on Wednesday.

Warm as the sun,
fresh as the breeze,
fair as a flower,
tall as the trees,
pure as the dove,
so unto me,
Lord, is your love.

Swift as a stream,
free as a bird,
firm as a rock,
sure as your word,
bright as the stars,
shining above,
so unto me,
Lord, is your love.

Lovely as dawn,
welcome as light,
peaceful as dusk,
restful as night,
high as the clouds,
deep as the sea,
so is your love,
Lord, unto me.

Bursting with joy,
leaping with praise,
glowing with thanks,
hearts set ablaze,
Lord, I would serve,
always be true –
such is my love,
Jesus, for you.

Candlelit vigil for the bereaved

Every Sunday evening at 9pm I have been lighting a candle outside my house and saying prayers for the families of those bereaved during this time. If you would like a prayer said for someone please let me know. Also let me know if you are happy for the name to be shared publicly so others can pray too. You might want to do the same and take a moment to pause in the week and show love and support for those suffering in such difficult times. Bob 07885 386932 / rev.bob.bailey@gmail.com

Compline, 9.30pm Sunday 3rd May

Compline or Night Prayer is an ancient service and the last prayers said by monastic communities before bed. Often it would be said privately and memorised. Join us live on Benefice YouTube Channel at <https://www.youtube.com/channel/UC2ID3IKIfaJisVxxttTBJJg> or follow privately with the printed version (attached). The service will be recorded for future use.

Online links;

including daily reflections and Sunday worship
<http://www.barwickcofechurch.co.uk>

Dial in worship;

PLEASE NOTE THE NEW NUMBER (which is cheaper). Held at 10am on Sunday and Wednesday.

To join the service;

Dial in using the appropriate number.

From a Landline (NEW NUMBER): **0330 336 0036**.

From a UK Mobile: 8 73 73.

When asked, enter the group PIN 716 416.

Prescriptions and doctors surgery

Online: <https://www.garforthmedicalcentre.co.uk>
or tel 0113 2814950

Barwick Cares

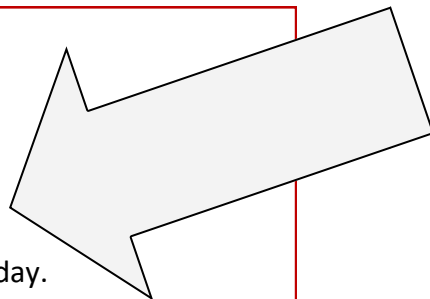
For help with shopping, picking up prescriptions or a friendly phone-call contact Leslye 0113 281 2488. Clare 07886 372851 or Revd Bob 0113 260 7721. You can also email. barwickcares@gmail.com

Leeds Hotline

For anyone unable to leave their home because of coronavirus, and worried because they don't have family or friends who can help. Leeds Council will match volunteers near to where they live. Tel. 0113 3781877

NET - Neighbourhood Elders Team

NET provide a network of volunteers supporting elderly people (over 60's), including daily phone calls and food delivery. They will also deliver food to families in need. They serve the 13 villages surrounding Garforth including Barwick. info@netgarforth.org.
<http://www.netgarforth.org>. Tel. 0113 2874784

**WISE - Wetherby in Support of the Elderly**

Here to help with any advice, information or signposting on 01937 588994 or Nicola@w-ise.org.uk

Barwick Village Stores

Order over the phone 0113 281 1140. Shop number 0113 281 2240.

The Maypole Deli

The Maypole Deli has opened for take-out food with local delivery. Tel. 0113 393 5949

Other volunteering opportunities and contacts

Doing Good Leeds. Voluntary Action Leeds (VAL) to co-ordinate local volunteering to help those who get in touch with the hotline. Volunteers can sign up to offer practical support such as shopping deliveries, preparing meals, dog walking, making check-in phone calls. <https://doinggoodleeds.org.uk/news/2020/03/17/become-a-community-care-volunteer-to-help-with-covid-19/>

For further information;

prayer, pastoral care, practical help or some conversation contact;

Revd Bob Bailey 0113 260 7721 rev.bob.bailey@gmail.com

Leslye Thomas 0113 281 2488 leslyeanglican@btinternet.com

Carole Cassidy 0113 281 2149 carole.cassidy39@gmail.com